

# Streckendaten

| Kategorie | Massenstart | Strecken | Distanz (km) | Steigung (m) | Anzahl Posten |
|-----------|-------------|----------|--------------|--------------|---------------|
| HE        | 10:45       | 1/3      | 8.9          | 340          | 27-28         |
|           |             | 2        | 7.7          | 290          | 25-26         |
| HAK       | 10:30       | 1-3      | 5.4          | 190          | 20            |
| H120      | 10:30       | 1-3      | 6.8          | 260          | 21            |
| H150      | 10:40       | 1-3      | 6.5          | 225          | 19-21         |
| H180      | 10:30       | 1-3      | 6.2          | 180          | 18-19         |
| H210      | 10:45       | 1-3      | 4.6          | 170          | 14            |
| H18       | 10:35       | 1-3      | 6.5          | 310          | 18-19         |
| H16       | 10:40       | 1/3      | 6.0          | 230          | 19            |
|           |             | 2        | 4.9          | 160          | 15            |
| H14       | 10:30       | 1/3      | 3.9          | 100          | 17            |
|           |             | 2        | 3.7          | 90           | 16            |
| H12       | 10:40       | 1/3      | 3.5          | 100          | 17            |
|           |             | 2        | 3.3          | 75           | 16            |
| DE        | 10:40       | 1/3      | 6.9          | 290          | 22-23         |
|           |             | 2        | 6.1          | 240          | 19-20         |
| DAK       | 10:35       | 1-3      | 4.1          | 130          | 15            |
| D120      | 10:45       | 1-3      | 5.6          | 170          | 16            |
| D150      | 10:40       | 1-3      | 4.5          | 160          | 14-15         |
| D180      | 10:35       | 1-3      | 4.1          | 110          | 15            |
| D210      | 10:30       | 1-3      | 3.5          | 75           | 13            |
| D18       | 10:35       | 1-3      | 5.6          | 170          | 16            |
| D16       | 10:45       | 1/3      | 4.6          | 170          | 15            |
|           |             | 2        | 4.3          | 170          | 14            |
| D14       | 10:35       | 1/3      | 3.4          | 95           | 15            |
|           |             | 2        | 3.2          | 85           | 14            |
| D12       | 10:45       | 1/3      | 3.0          | 75           | 14            |
|           |             | 2        | 2.6          | 65           | 11            |

